



ACTIVITIES APRIL 2012



525 So. Central Ave., Glendale, CA 91204
Tel. No. (818) 240-1610

• NOTE •
All Activities are subject to change.
Changes will be posted.
All Activities are held in the Activity Room.

Activity Director: Maria Isabel Zarzuela • Activity Assistant: Sona Paltadzayan

Sunday

Monday

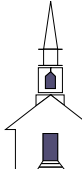






















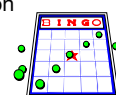


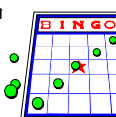
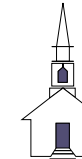

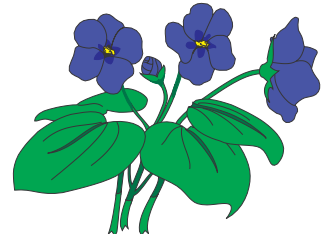
Tuesday

Wednesday

Thursday

Friday

Saturday

<p>PALM SUNDAY 1</p> <p>9:00 Church Service w/ Praise Songs 10:00 Morning Social w/ refreshments 10:30 Senior fitness 11:00 Sensory Stimulation 11:30 History Channel 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Residents Family Hour</p> <p>Room Visits 8:00 a.m.</p> 	<p>2</p> <p>8:00 News Watch 9:00 Relaxing Music 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 News/Senior Fitness/Wii Games 1:30 Bingo Social 2:30 Ice Cream Social</p> <p>Room Visits 8:00 a.m.</p> 	<p>3</p> <p>8:00 News Watch 9:00 Identify the Object 9:30 Morning Social w/refreshments 10:00 The Price is Right 10:30 Communion Service w/Praise Songs 11:00 News/Senior Fitness/Sing & Dance 1:30 Movie w/ Popcorn Scrabble Game</p> <p>Room Visits 8:00 a.m.</p> 	<p>COUNTRY BREAKFAST 4</p> <p>7:00 Country Breakfast 8:00 News Watch 9:00 Flash Cards/Numbers and Alphabet 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 News/Adult Education - Hx Channel 1:30 Bingo Social 2:30 Tea Time & Conversation</p> <p>Room Visits 8:00 a.m.</p> 	<p>RESIDENT'S COUNCIL MEETING 5</p> <p>8:00 News Watch 9:00 Reality Orientation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 10:30 Group Conversation with Dr. Linda Yerzley 11:30 Sr. Fitness 2:00 Resident's Council Meeting with snack</p> <p>Room Visits 8:00 a.m.</p> 	<p>~GOOD FRIDAY~ 6</p> <p>8:00 News Watch 9:00 Sensory Stimulation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 11:00 Communion Service from St. Dominic's w/ Praise Songs 11:30 Ring Toss and Ball Games 1:30 Movie w/ Popcorn/Scrabble Game</p> <p>Room Visits 8:00 a.m.</p> 	<p>~1st Day of Passover~ 7</p> <p>9:00 Relaxing Music 9:30 Morning Social w/ refreshments 11:00 Senior Fitness 11:30 Flash Cards/Reality Orientation 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Residents Family Hour</p> <p>Room Visits 8:00 a.m.</p> 
<p>~EASTER SUNDAY~ EGG HUNTING 8</p> <p>9:00 Church Service w/ Praise Songs 10:00 Morning Social w/ refreshments 10:30 Senior fitness 11:00 Sensory Stimulation 11:30 History Channel 2:00 EGG HUNTING 3:00 Residents Family Hour</p> <p>Room Visits 8:00 a.m.</p> 	<p>9</p> <p>8:00 News Watch 9:00 Relaxing Music 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 News/Senior Fitness/Wii Games 1:30 Bingo Social 2:30 Ice Cream Social</p> <p>Room Visits 8:00 a.m.</p> 	<p>10</p> <p>8:00 News Watch 9:00 Identify the Object 9:30 Morning Social w/refreshments 10:00 The Price is Right 10:30 Communion Service w/ Praise Songs 11:00 News/Senior Fitness/Sing & Dance 1:30 Movie w/ Popcorn Scrabble Game</p> <p>Room Visits 8:00 a.m.</p> 	<p>COOK N' EAT 11</p> <p>8:00 News Watch 9:00 Flash Cards/Numbers and Alphabet 9:30 Morning Social w/ refreshments 10:00 Cooking Time 11:00 News/Adult Education - Hx Channel 1:30 Bingo Social 2:30 Tea Time & Conversation</p> <p>Room Visits 8:00 a.m.</p> 	<p>12</p> <p>8:00 News Watch 9:00 Reality Orientation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 10:30 Group Conversation with Dr. Linda Yerzley 11:30 Sr. Fitness 1:30 Bingo Social 2:30 Tea Time & Conversation</p> <p>Room Visits 8:00 a.m.</p> 	<p>13</p> <p>8:00 News Watch 9:00 Sensory Stimulation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 11:00 Communion Service from St. Dominic's w/ Praise Songs 11:30 Ring Toss and Ball Games 1:30 Movie w/ Popcorn/Scrabble Game</p> <p>Room Visits 8:00 a.m.</p> 	<p>14</p> <p>9:00 Relaxing Music 9:30 Morning Social w/ refreshments 11:00 Senior Fitness 11:30 Flash Cards/Reality Orientation 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Residents Family Hour</p> <p>Room Visits 8:00 a.m.</p> 
<p>ORTHODOX EASTER 15</p> <p>9:00 Church Service w/Praise songs 10:00 Morning Social w/ refreshments 10:30 Senior Fitness 11:00 Sensory Stimulation 11:30 History Channel 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Residents Family Hour</p> <p>Room Visits 8:00 a.m.</p>	<p>16</p> <p>8:00 News Watch 9:00 Relaxing Music 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 News/Senior Fitness/Wii Games 1:30 Bingo Social 2:30 Ice Cream Social</p> <p>Room Visits 8:00 a.m.</p> 	<p>Holy Family Church Service 17</p> <p>8:00 News Watch 9:00 Identify the Object 9:30 Morning Social w/refreshments 10:00 The Price is Right 10:30 Church Service w/Praise Songs 11:00 News/Senior Fitness/Sing & Dance 1:30 Movie w/ Popcorn Scrabble Game</p> <p>Room Visits 8:00 a.m.</p> 	<p>18</p> <p>8:00 News Watch 9:00 Flash Cards/Numbers and Alphabet 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 News/Adult Education - Hx Channel 1:30 Bingo Social 2:30 Tea Time & Conversation</p> <p>Room Visits 8:00 a.m.</p> 	<p>19</p> <p>8:00 News Watch 9:00 Reality Orientation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 10:30 Group Conversation with Dr. Linda Yerzley 11:30 Sr. Fitness 1:30 Bingo Social 2:30 Tea Time & Conversation</p> <p>Room Visits 8:00 a.m.</p> 	<p>TRIP TO THE MALL 20</p> <p>8:00 News Watch 9:00 Sensory Stimulation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 10:30 Trip to the Mall 11:00 Communion Service from St. Dominic's w/ Praise Songs 11:30 Ring Toss and Ball Games 1:30 Movie w/ Popcorn/Scrabble Game</p> <p>Room Visits 8:00 a.m.</p> 	<p>21</p> <p>9:00 Relaxing Music 9:30 Morning Social w/ refreshments 11:00 Senior Fitness 11:30 Flash Cards/Reality Orientation 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Residents Family Hour</p> <p>Room Visits 8:00 a.m.</p> 
<p>EARTH DAY 22</p> <p>9:00 Church Service w/Praise Songs 10:00 Morning Social w/ refreshments 10:30 Senior Fitness 11:00 Sensory Stimulation 11:30 History Channel 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Residents Family Hour</p> <p>Room Visits 8:00 a.m.</p> 	<p>23</p> <p>8:00 News Watch 9:00 Relaxing Music 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 News/Senior Fitness/Wii Games 1:30 Bingo Social 2:30 Ice Cream Social</p> <p>Room Visits 8:00 a.m.</p> 	<p>24</p> <p>8:00 News Watch 9:00 Identify the Object 9:30 Morning Social w/refreshments 10:00 The Price is Right 10:30 Comm. Service w/Praise Songs 11:00 News/Senior Fitness/Sing & Dance 12:00 Iranian Cuisine 1:30 Movie w/ Popcorn Scrabble Game</p> <p>Room Visits 8:00 a.m.</p> 	<p>25</p> <p>8:00 News Watch 9:00 Flash Cards/Numbers and Alphabet 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 News/Adult Education - Hx Channel 1:30 Bingo Social 2:30 Tea Time & Conversation</p> <p>Room Visits 8:00 a.m.</p> 	<p>26</p> <p>8:00 News Watch 9:00 Reality Orientation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 10:30 Group Conversation with Dr. Linda Yerzley 11:30 Sr. Fitness 1:30 Bingo Social 2:30 Tea Time & Conversation</p> <p>Room Visits 8:00 a.m.</p> 	<p>27</p> <p>8:00 News Watch 9:00 Sensory Stimulation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 11:00 Communion Service from St. Dominic's w/ Praise Songs 11:30 Ring Toss and Ball Games 1:30 Movie w/ Popcorn/Scrabble Game</p> <p>Room Visits 8:00 a.m.</p> 	<p>28</p> <p>9:00 Relaxing Music 9:30 Morning Social w/ refreshments 11:00 Senior Fitness 11:30 Flash Cards/Reality Orientation 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Residents Family Hour</p> <p>Room Visits 8:00 a.m.</p> 
<p>29</p> <p>9:00 Church Service w/Praise Songs 10:00 Morning Social w/ refreshments 10:30 Senior Fitness 11:00 Sensory Stimulation 11:30 History Channel 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Residents Family Hour</p> <p>Room Visits 8:00 a.m.</p> 	<p>RESIDENTS' BIRTHDAY PARTY with ENTERTAINMENT 30</p> <p>8:00 News Watch 9:00 Relaxing Music 9:30 Morning Social w/ refreshments 10:00 The Price is Right 10:30 Party Time 1:30 Bingo Social 2:30 Ice Cream Social</p> <p>Room Visits 8:00 a.m.</p> 	<p>HAPPY APRIL BIRTHDAYS!</p> 		<p>Birthstone: DIAMOND</p> <p>Flower: SWEET PEA</p>	<p>Check out the 2011 Survey Results! Posted by the Public Phone outside front office.</p> <p>.....</p> <p>Attend Residents' Council Meetings. Know Your Rights & Win the Raffle</p>	

April

Well here is April! April brings us lovely lilies and other beautiful spring flowers. April gives us a promise that summer is on the way. April spreads across the earth like warm butter on homemade bread. April means daylight savings time. Do you ever wonder where that hour comes from? April 1st is "April Fools Day". I wonder what fool thought that up. For many people throughout the USA April is the deadline to look to "tax day".

Most Aprils we give thanks and prayers to Our Lord Jesus Christ with honoring him on Easter. April can be the name of your endearing wife, daughter or grandchild. April is another month that we can bring joy, happiness, comfort and love to those we cross paths with.

Thank you April.

Of late I have been noticing, in addition to the usual attacks on Halloween and Christmas, some attacks by some Christians on the Easter holiday. (It is a welcome relief to see these attacks on Easter not (mostly) being converted to attacks on the Roman Catholic Church, as they tend to be in the tracts against Christmas and Halloween).

Easter falls in the Spring, right around the Vernal Equinox, and is a most amazing season indeed. Plants come alive again from the winter season, when they seemed to be dead.

Primitive cultures found this to be a very sacred and holy thing, and have honored it in many ways down thru recorded history. And, as one might expect, it has been invariably symbolized by the rebirth of a dead deity. From linguistic evidence, I feel we can safely assume that this concept is at least 30, 000 to 50, 000 years old, and perhaps older.

Spring has been, and is, the season for much merrymaking and fun, much of the time with an emphasis on sexual fertility. New Orleans' famous Mardi Gras, or Rio de Janeiro's Carnival are two good examples of modern spring festivals with a blatant sexual aspect, when "all rules are off" and almost anything can happen. These festivals in the Christian world end at Lent, when forty days of penitential fasting ensue before Easter itself.

This fertility aspect of the season may be sublimated by the "Easter Dance" or "Spring Prom" found in many educational institutions of the English-speaking world.

The Jewish tradition of the Middle East was a bit more puritanical. Passover (Hebrew: Pesach, when all the first-born of Egypt were slain) is a celebration of the Flight from Egypt (and has become a re-affirmation of the values of personal freedoms) and not fertility oriented at all.

Lambs were sacrificed in the Temple at Jerusalem, and from this sacrifice comes the symbol of Jesus as the "Lamb of God," the final and perfect sacrifice.

Jesus, "on the night that he was betrayed," apparently celebrated Passover with his disciples (and thus established

the Christian Communion rite). This is why Easter is so close in timing to Passover.

But many Christian Churches, in the early days of Christianity, could not agree on the date of Easter. This was the primary disagreement between the Celtic (Culdee) Church and Rome for many years, with the Celtic Church keeping the holiday on the fourteenth day after the paschal moon (according to the rule of the Council of Arles in 314 CE, and in spite of St. Augustine and the "Synod of the Oak") and the Roman observing it between the fifteenth and twenty-first. This was pretty much settled at the famous Council of Whitby in 664 CE, with Aldhelm, the Bishop of Sherborne, persuading the Celtic Christians in Cornwall to conform to the Roman usage in the early part of the eighth century CE.

Easter is apparently named after the pagan goddess Eostre (Latin: Oestre), an Anglo-Saxon maiden-goddess of fertility. Some might link her to Ishtar / Astarte, the Middle Eastern goddess, but such a link is only apparent. The identification of Ishtar with Astarte was instituted by Sargon the Great when he engaged in his wars of conquest, to make his goddess the goddess of the conquered areas.

The similarities in names are probably because of the very early lingual connections mentioned above. Their languages have a common Indo-European ancestry, and god-names change slowly indeed.

This goddess-name may be older than we suspect. The "Oestre" name in Latin apparently derives from the Greek, and has its roots in a word that means "frenzy." We see this word again in English in "estrus," meaning a female mammal 'in heat' and able to conceive, and there we see the meaning behind the "frenzy" definition.

Since we also see a similar word in Anglo-Saxon, and cognates of "Ost" or "East" only appear in the Germanic languages (that includes English) we might look at the origins of the root-word as being before Greek and the Germanic languages separated. This is advanced only as speculation, but I feel it is worthy of the attention of better scholars than I.



APRIL 2012



APRIL ACTIVITIES AT A GLANCE

Mondays, Tuesdays, Wednesdays and Fridays at 10:00 AM to 11:00 AM, join us in watching "The Price is Right"!

- **RESIDENT'S COUNCIL MEETING** - Will be held on Thursday, April 5th at 2:00 p.m. in the Activity Room. Know your rights, make your concerns, problems and suggestions known and win the raffle.
- **CHURCH SERVICE** - Held every Sunday in the Activity Room and starts at 9:00 a.m.
- **SENIOR FITNESS** - Come on everybody! Let's exercise every Sunday, Monday, Tuesday, Friday & Saturday at 11:30 a.m. in the Activity Room.
- **BINGO SOCIAL** - Come on all Bingo lovers! Let's have fun and play bingo every Sunday, Monday, Wednesday, Thursday, and Saturday at 1:30 p.m. in the Activity Room.
- **HOLY FAMILY CHURCH SERVICE** There will be church service every 3rd Tuesday of the month. This month will be on April 17th, 2012.
- **RESIDENT'S BIRTHDAY PARTY** - It's party time! We're throwing a party plus entertainment for all our birthday celebrants this month and it will be on April 30th at 10:30 a.m. in the Activity Room.
- **MOVIE WITH POPCORN** - Every Friday at 1:30 p.m. in the Activity Room, we'll be showing a movie with popcorn and juice.
- **ADULT EDUCATION** - The activity staff will feature shows which include History, Biography of famous people, National Geographic and Concert of famous celebrities. Everybody is welcome to attend.
- **Wii GAMES** - Hello Everyone! Come, play and enjoy your favorite sports with Wii Games like tennis, bowling, boxing and more in the Activity Room every Monday.
- **ICE CREAM SOCIAL** - Every Monday at 2:30 p.m. after Bingo Social, we will serve ice cream.
- **GROUP CONVERSATION** - Every Thursday in the Activity Room, there is a Group Conversation at 10:30 a.m. headed by Dr. Linda Yertzley a Clinical Psychologist that process feelings and emotions. Everybody is welcome to attend.
- **COOK N' EAT** - Everyone is invited and help us cook your favorite dish in the Activity Room on April 11th and will start at 10:00 a.m.
- **COUNTRY BREAKFAST** - On Wednesday, April 4th at 7:00 a.m., we're going to have a country breakfast. Please join us in the dining room.
- **EASTER SUNDAY** - Will be on April 8th and we will have egg hunting at 2:00 p.m. in the Activity Room. Come and join the fun.
- **TRIP TO THE MALL** - All shopping lovers! We'll be taking a trip to the mall on April 20th, so if you are interested, please ask Maribel or Sona from the activity staff to register.