



ACTIVITIES DECEMBER 2011



• NOTE •
All Activities are subject to change.
Changes will be posted.
All Activities are held in the Activity Room.

Activity Director: Maria Isabel Zarzuela • Activity Assistant: Sona Paltadzhayyan

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**Check out the 2011 Survey Results!
Posted by the Public Phone
outside front office.**

**Attend Residents' Council Meetings.
Know Your Rights & Win the Raffle**

**Happy Birthday
Decembers!**

BIRTH STONE
Turquoise

FLOWER
Narcissus



RESIDENT'S COUNCIL MEETING 1
8:00 News Watch
9:00 Reality Orientation
9:30 Morning Social w/ Refreshments
10:00 The Price is Right
11:00 Senior Fitness/Wii Games
2:00 Resident's Council Meeting with refreshments



2
8:00 News Watch
9:00 Sensory Stimulation
9:30 Morning Social w/ Refreshments
10:00 The Price is Right
11:00 Communion Service from St. Dominic's w/ Praise Songs
11:30 Ring Toss and Ball Games
1:20 Movie w/ Popcorn/ Scrabble Game
3:00 Scrabble Game



3
9:00 Relaxing Music
9:30 Morning Social w/ refreshments
11:00 Senior Fitness
11:30 Flash Cards/Reality Orientation
1:30 Bingo Social
2:30 Tea Time & Conversation
3:00 Residents Family Hour



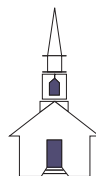
Room Visits 8:00 a.m.

Room Visits 8:00 a.m.

Room Visits 8:00 a.m.

9:00 Church Service w/ Praise Songs
10:00 Morning Social w/ refreshments
10:30 Senior fitness
11:00 Sensory Stimulation
11:30 History Channel
1:30 Bingo Social
2:30 Tea Time & Conversation
3:00 Residents Family Hour

4



Room Visits 8:00 a.m.

8:00 News Watch
9:00 Relaxing Music
9:30 Morning Social w/ refreshments
10:00 The Price is Right
11:00 Senior Fitness/Wii Games
1:30 Bingo Social
2:30 Ice Cream Social
3:00 Arts and Crafts

5



Room Visits 8:00 a.m.

COUNTRY BREAKFAST 6
7:00 Breakfast Time
8:00 News Watch
9:00 Identify the Object
9:30 Morning Social w/refreshments
10:00 The Price is Right
10:30 Communion Service w/Praise Songs
11:00 Senior Fitness/Sing & Dance
1:30 Group Conversation with Dr. Linda Yerzley
2:30 Snack Time
3:00 Skrib-age Game



Room Visits 8:00 a.m.

Pearl Harbor Remembrance Day 7
8:00 News Watch
9:00 Flash Cards/ Numbers and Alphabet
9:30 Morning Social w/ refreshments
10:00 The Price is Right
11:00 Adult Education - Hx Channel
1:30 Bingo Social
2:30 Tea Time & Conversation
3:00 Manicure & Grooming



Room Visits 8:00 a.m.

8
8:00 News Watch
9:00 Reality Orientation
9:30 Morning Social w/ Refreshments
10:00 The Price is Right
11:00 Senior Fitness/Wii Games
1:30 Bingo Social
2:30 Tea Time & Conversation
3:00 Skrib-age Game



Room Visits 8:00 a.m.

9
8:00 News Watch
9:00 Sensory Stimulation
9:30 Morning Social w/ Refreshments
10:00 The Price is Right
11:00 Communion Service from St. Dominic's w/ Praise Songs
11:30 Ring Toss and Ball Games
1:20 Movie w/ Popcorn
3:00 Scrabble Game



Room Visits 8:00 a.m.

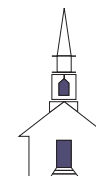
10
9:00 Relaxing Music
9:30 Morning Social w/ refreshments
11:00 Senior Fitness
11:30 Flash Cards/Reality Orientation
1:30 Bingo Social
2:30 Tea Time & Conversation
3:00 Residents Family Hour



Room Visits 8:00 a.m.

9:00 Church Service w/Praise songs
10:00 Morning Social w/ refreshments
10:30 Senior Fitness
11:00 Sensory Stimulation
11:30 History Channel
1:30 Bingo Social
2:30 Tea Time & Conversation
3:00 Residents Family Hour

11



Room Visits 8:00 a.m.

8:00 News Watch
9:00 Relaxing Music
9:30 Morning Social w/ refreshments
10:00 The Price is Right
11:00 Senior Fitness/Wii Games
1:30 Bingo Social
2:30 Ice Cream Social
3:00 Arts and Crafts



Room Visits 8:00 a.m.

13
8:00 News Watch
9:00 Identify the Object
9:30 Morning Social w/refreshments
10:00 The Price is Right
10:30 Communion Service w/Praise Songs
11:00 Senior Fitness/Sing & Dance
1:30 Group Conversation with Dr. Linda Yerzley
2:30 Snack Time
3:00 Skrib-age Game



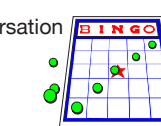
Room Visits 8:00 a.m.

Christmas Party 14
8:00 News Watch
9:00 Flash Cards/ Numbers and Alphabet
9:30 Morning Social w/ refreshments
10:00 The Price is Right
11:00 Adult Education - Hx Channel
11:30 PARTY TIME
1:30 Bingo Social
2:30 Tea Time & Conversation
3:00 Manicure & Grooming



Room Visits 8:00 a.m.

15
8:00 News Watch
9:00 Reality Orientation
9:30 Morning Social w/ Refreshments
10:00 The Price is Right
11:00 Senior Fitness/Wii Games
1:30 Bingo Social
2:30 Tea Time & Conversation
3:00 Skrib-age Game



Room Visits 8:00 a.m.

16
8:00 News Watch
9:00 Sensory Stimulation
9:30 Morning Social w/ Refreshments
10:00 The Price is Right
11:00 Communion Service from St. Dominic's w/ Praise Songs
11:30 Ring Toss and Ball Games
1:20 Movie w/ Popcorn
3:00 Scrabble Game



Room Visits 8:00 a.m.

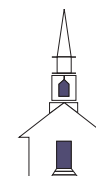
17
9:00 Relaxing Music
9:30 Morning Social w/ refreshments
11:00 Senior Fitness
11:30 Flash Cards/Reality Orientation
1:30 Bingo Social
2:30 Tea Time & Conversation
3:00 Residents Family Hour



Room Visits 8:00 a.m.

9:00 Church Service w/Praise Songs
10:00 Morning Social w/ refreshments
10:30 Senior Fitness
11:00 Sensory Stimulation
11:30 History Channel
1:30 Bingo Social
2:30 Tea Time & Conversation
3:00 Residents Family Hour

18



Room Visits 8:00 a.m.

8:00 News Watch
9:00 Relaxing Music
9:30 Morning Social w/ refreshments
10:00 The Price is Right
11:00 Senior Fitness/Wii Games
1:30 Bingo Social
2:30 Ice Cream Social
3:00 Arts and Crafts



Room Visits 8:00 a.m.

HOLY FAMILY CHURCH SERVICE 20
8:00 News Watch
9:00 Identify the Object
9:30 Morning Social w/refreshments
10:00 The Price is Right
10:30 Church Service w/Praise Songs
11:00 Senior Fitness/Sing & Dance
1:30 Group Conversation with Dr. Linda Yerzley
2:30 Snack Time
3:00 Skrib-age Game



Room Visits 8:00 a.m.

1st Day of Hanukkah 21
8:00 News Watch
9:00 Flash Cards/ Numbers and Alphabet
9:30 Morning Social w/ refreshments
10:00 The Price is Right
11:00 Adult Education - Hx Channel
1:30 Bingo Social
2:30 Tea Time & Conversation
3:00 Manicure & Grooming



Room Visits 8:00 a.m.

Gift Giving for Residents/ Pizza Day 22
8:00 News Watch
9:00 Reality Orientation
9:30 Morning Social w/ Refreshments
10:00 The Price is Right
11:00 GIFT GIVING
1:30 Bingo Social
2:30 Tea Time & Conversation
3:00 Skrib-age Game



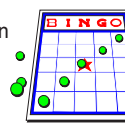
First Day of Winter
Room Visits 8:00 a.m.

Employees Exchange Gifts 23
8:00 News Watch
9:00 Sensory Stimulation
9:30 Morning Social w/ Refreshments
10:00 The Price is Right
11:00 Communion Service from St. Dominic's w/ Praise Songs
11:30 Ring Toss and Ball Games
2:00 EXCHANGE GIFTS



Room Visits 8:00 a.m.

24
9:00 Relaxing Music
9:30 Morning Social w/ refreshments
11:00 Senior Fitness
11:30 Flash Cards/Reality Orientation
1:30 Bingo Social
2:30 Tea Time & Conversation
3:00 Residents Family Hour



Room Visits 8:00 a.m.

RESIDENTS' BIRTHDAY PARTY with ENTERTAINMENT CHRISTMAS DAY 25
9:00 Church Service w/Praise Songs
10:00 Morning Social w/ refreshments
10:30 Party Time w/ Entertainer
11:30 History Channel
1:30 Bingo Social
2:30 Tea Time & Conversation
3:00 Residents Family Hour

25



Room Visits 8:00 a.m.

8:00 News Watch
9:00 Relaxing Music
9:30 Morning Social w/ refreshments
10:00 The Price is Right
1:30 Bingo Social
2:30 Ice Cream Social
3:00 Arts and Crafts

Room Visits 8:00 a.m.

27
8:00 News Watch
9:00 Identify the Object
9:30 Morning Social w/refreshments
10:00 The Price is Right
10:30 Communion Service w/Praise Songs
11:00 Senior Fitness/Sing & Dance
1:30 Group Conversation with Dr. Linda Yerzley
2:30 Snack Time
3:00 Skrib-age Game



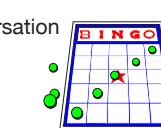
Room Visits 8:00 a.m.

28
8:00 News Watch
9:00 Flash Cards/ Numbers and Alphabet
9:30 Morning Social w/ refreshments
10:00 The Price is Right
11:00 Adult Education - Hx Channel
1:30 Bingo Social
2:30 Tea Time & Conversation
3:00 Manicure & Grooming



Room Visits 8:00 a.m.

29
8:00 News Watch
9:00 Reality Orientation
9:30 Morning Social w/ Refreshments
10:00 The Price is Right
11:00 Senior Fitness/Wii Games
1:30 Bingo Social
2:30 Tea Time & Conversation
3:00 Skrib-age Game



Room Visits 8:00 a.m.

Christmas & New Year Candlelight Dinner 30
8:00 News Watch
9:00 Sensory Stimulation
9:30 Morning Social w/ Refreshments
10:00 The Price is Right
11:00 Communion Service from St. Dominic's w/ Praise Songs
11:30 Ring Toss and Ball Games
1:20 Movie w/ Popcorn
3:00 Scrabble Game
5:00 Candlelight Dinner



Room Visits 8:00 a.m.

New Year's Eve 31
9:00 Relaxing Music
9:30 Morning Social w/ refreshments
11:00 Senior Fitness
11:30 Flash Cards/Reality Orientation
1:30 Bingo Social
2:30 Tea Time & Conversation
3:00 Residents Family Hour



Room Visits 8:00 a.m.

Christmas is an annual holiday that celebrates the birth of Jesus. Christmas festivities often combine the commemoration of Jesus' birth with various secular customs, many of which have been influenced by earlier winter festivals. The date as a birthdate for Jesus is traditional, and is not considered to be his actual date of birth.

In most places around the world, Christmas Day is celebrated on December 25. Christmas Eve is the preceding day, December 24. In the United Kingdom and many countries of the Commonwealth, Boxing Day is the following day, December 26. In Catholic countries, Saint Stephen's Day or the Feast of St. Stephen is December 26. The Armenian Apostolic Church observes Christmas on January 6. Eastern Orthodox Churches that still use the Julian Calendar celebrate Christmas on the Julian version of 25 December, which is January 7 on the more widely used Gregorian calendar, because the two calendars are now 13 days apart. (Armenians who use the Julian Calendar celebrate Christmas on the Julian version of Jan. 6, which is Jan. 19 on the Gregorian calendar.)

The word "Christmas" is a contraction of two words "Christ's mass" and is derived from the Middle English Christemasse and Old English Cristes mæsse, a phrase first recorded in 1038. In early Greek versions of the New Testament, the letter (chi), is the first letter of Christ. Since the mid-16th century, or the similar Roman letter X, was used as an abbreviation for Christ. Thus, Xmas is an abbreviation for Christmas.

After the conversion of Anglo-Saxons in England from their indigenous Anglo-Saxon polytheism (a form of Germanic paganism) in the very early 7th century, Christmas was called geol, which was the name of the native Germanic pre-Christian solstice festival that fell on that date. From geol, the current English word Yule is derived. Many customs associated with modern Christmas were derived from Germanic paganism.

The prominence of Christmas Day increased gradually after Charlemagne was crowned on Christmas Day in 800. Around the 12th century, the remnants of the former Saturnalian traditions of the Romans were transferred to the Twelve Days of Christmas (26 December - 6 January). Christmas during the Middle Ages was a public festival, incorporating ivy, holly, and other evergreens, as well as gift-giving.

Modern traditions have come to include the display of Nativity scenes, Holly and Christmas trees, the exchange of gifts and cards, and the arrival of Father Christmas or Santa Claus on Christmas Eve or Christmas morning. Popular Christmas themes include the promotion of goodwill and peace.

CHRISTMAS—A CELEBRATION OF THE NATIVITY

The Nativity of Jesus refers to the Christian belief that the messiah was born to the Virgin Mary. The story of Christmas is based on the biblical accounts given in the Gospel of Matthew, namely Matthew 1:18-Matthew 2:12 and the Gospel of Luke, specifically Luke 1:26-Luke 2:40. According to these accounts, Jesus was born to Mary, assisted by her husband Joseph, in the city of Bethlehem. According to popular tradition, the birth took place in a "stable", surrounded by farm animals, though neither the "stable" nor the animals are mentioned in the Biblical accounts. However, a "manger" is mentioned in Luke 2:7 where it states "She wrapped



him in cloths and placed him in a manger, because there was no room for them in the inn." Shepherds from the fields surrounding Bethlehem were told of the birth by an angel, and were the first to see the child.[18] Christians believe that the birth of Jesus fulfilled many prophecies made hundreds of years before his birth.

The word "Christmas" is a contraction meaning "Christ's mass." It is derived from the Middle English Christemasse and Old English Cristes mæsse, a phrase first recorded in 1038.[7] After the conversion of Anglo-Saxon Britain in the very early 7th century, Christmas was referred to as geol,[7] the name of the pre-Christian solstice festival from which the current English word 'Yule' is derived.[19] In early Greek versions of the New Testament, the letter (chi), is the first letter of Christ. Since the mid-sixteenth century, or the similar Roman letter X, was used as an abbreviation for Christ.[20] Hence, "Xmas" is often used as an abbreviation for Christmas.

Remembering or re-creating the Nativity is a central way that Christians celebrate Christmas. The Eastern Orthodox Church practices the Nativity Fast in anticipation of the birth of Jesus, while much of the Western Church celebrates Advent. In some Christian churches, children perform plays re-telling the events of the Nativity, or sing carols that reference the event. Some Christians also display a small re-creation of the Nativity, known as a Nativity scene, in their homes, using figurines to portray the key characters of the event. Live Nativity scenes are also performed, using actors and live animals to portray the event with more realism.

Nativity scenes traditionally include the Three Wise Men, Balthazar, Melchior, and Caspar, although their names and number are not referred to in the Biblical narrative, who are said to have followed a star, known as the Star of Bethlehem, found Jesus, and presented gifts of gold, frankincense, and myrrh.

In the U.S., Christmas decorations at public buildings once commonly included Nativity scenes. This practice has led to many lawsuits, as groups such as the American Civil Liberties Union believe it amounts to the government endorsing a religion. In 1984, the U.S. Supreme Court ruled that a city-owned Christmas display, even one with a Nativity scene, does not violate the First Amendment.



DECEMBER 2011



DECEMBER ACTIVITIES AT A GLANCE

Monday through Friday at 10:00 AM to 11:00 AM, join us in watching "The Price is Right"!

- **RESIDENT'S COUNCIL MEETING** – Will be held on Thursday, December 1st at 2:00 p.m. in the Activity Room. Know your rights, make your concerns, problems and suggestions known and win the raffle.
- **Wii GAMES** - Hello Everyone! Come, play and enjoy your favorite sports with Wii Games like tennis, bowling, boxing and more in the Activity Room every Monday and Thursday at 11:00 a.m.
- **ICE CREAM SOCIAL** - Every Monday at 2:30 p.m. after Bingo Social, we will serve ice cream.
- **GROUP CONVERSATION** - Every Tuesday in the Activity Room, there is a Group Conversation at 2:00 p.m. headed by Dr. Linda Yertzley a Clinical Psychologist that processing feelings and emotions. Everybody is welcome to attend.
- **CHRISTMAS & NEW YEAR CANDLELIGHT DINNER** - On Friday, December 30th at 5:00 p.m. we will have Candlelight Dinner in the dining room and we will have an entertainer. Come celebrate with us on this special occasion.
- **COUNTRY BREAKFAST** - On Dec. 6th at 7:00 a.m., we're going to serve Country Breakfast, so please come and join us in the Dining Room.
- **GIFT GIVING TO THE RESIDENTS** - On Thursday, December 22nd, the employees are going to give gifts to the residents and we're going to serve pizza for lunch.
- **EMPLOYEES EXCHANGE GIFTS** - On Friday, December 23rd, we're going to have employees exchange gifts at 2:00 p.m.
- **HOLY FAMILY CHURCH SERVICE** There will be church service every 3rd Tuesday of the month. This month will be on December 20th, 2011.
- **RESIDENT'S BIRTHDAY PARTY** - It's party time! We're throwing a party plus entertainment for all our Birthday Celebrants this month and it will be on December 25th at 10:30 a.m. in the Activity Room.
- **MOVIE WITH POPCORN** - Every Friday at 1:00 p.m. in the Activity Room, we'll be showing a movie with popcorn and juice.
- **ADULT EDUCATION** - The activity staff will feature shows which include History, Biography of famous people, National Geographic and Concert of famous celebrities. Everybody is welcome to attend.