



# ACTIVITIES MAY 2012



• NOTE •  
All Activities are subject to change.  
Changes will be posted.  
All Activities are held in the Activity Room.

Activity Director: Maria Isabel Zarzuela • Activity Assistant: Sona Paltadzayan

## Sunday

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

<p><b>Check out the 2011 Survey Results!</b> <b>Posted by the Public Phone</b> <b>outside front office.</b></p> <p>.....</p> <p><b>Attend Residents' Council Meetings.</b> <b>Know Your Rights &amp; Win the Raffle</b></p>	<p>8:00 News Watch 9:00 Identify the Object 9:30 Morning Social w/refreshments 10:00 The Price is Right 10:30 Communion Service w/Praise Songs 11:00 News/Senior Fitness/Sing &amp; Dance 1:30 Movie w/ Popcorn Scrabble Game</p> <p><b>1</b></p> <p>Room Visits 8:00 a.m.</p> 	<p>8:00 News Watch 9:00 Flash Cards/Numbers and Alphabet 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 News/Adult Education - Hx Channel 1:30 Bingo Social 2:30 Tea Time &amp; Conversation 2:45 Manicure &amp; Grooming</p> <p><b>2</b></p> <p>Room Visits 8:00 a.m.</p> 	<p><b>RESIDENT'S COUNCIL MEETING</b></p> <p>8:00 News Watch 9:00 Reality Orientation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 10:30 Group Conversation with Dr. Linda Yerzley 11:30 Sr. Fitness 2:00 Resident's Council Meeting with snack</p> <p><b>3</b></p> <p>Room Visits 8:00 a.m.</p> 	<p>8:00 News Watch 9:00 Sensory Stimulation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 11:00 Communion Service from St. Dominic's w/ Praise Songs 11:30 Ring Toss and Ball Games 1:30 Movie w/ Popcorn/Scrabble Game</p> <p><b>4</b></p> <p>Room Visits 8:00 a.m.</p>	<p>9:00 Relaxing Music 9:30 Morning Social w/ refreshments 11:00 Senior Fitness 11:30 Flash Cards/Reality Orientation 1:30 Bingo Social 2:30 Tea Time &amp; Conversation 3:00 Residents Family Hour</p> <p><b>5</b></p> <p>Room Visits 8:00 a.m.</p> 	
<p><b>Nurses Week (6<sup>th</sup>-12<sup>th</sup>)</b></p> <p>9:00 Church Service w/Praise songs 10:00 Morning Social w/ refreshments 10:30 Senior Fitness 11:00 Sensory Stimulation 11:30 History Channel 1:30 Bingo Social 2:30 Tea Time &amp; Conversation 3:00 Residents Family Hour</p> <p><b>6</b></p> <p>Room Visits 8:00 a.m.</p> 	<p>8:00 News Watch 9:00 Relaxing Music 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 News/Senior Fitness/Wii Games 1:30 Bingo Social 2:30 Ice Cream Social</p> <p><b>7</b></p> <p>Room Visits 8:00 a.m.</p> 	<p>8:00 News Watch 9:00 Identify the Object 9:30 Morning Social w/refreshments 10:00 The Price is Right 10:30 Communion Service w/ Praise Songs 11:00 News/Senior Fitness/Sing &amp; Dance 1:30 Movie w/ Popcorn Scrabble Game</p> <p><b>8</b></p> <p>Room Visits 8:00 a.m.</p> 	<p><b>COOK N' EAT</b></p> <p>8:00 News Watch 9:00 Flash Cards/Numbers and Alphabet 9:30 Morning Social w/ refreshments 10:00 <b>Cooking Time</b> 11:00 News/Adult Education - Hx Channel 1:30 Bingo Social 2:30 Tea Time &amp; Conversation 2:45 Manicure &amp; Grooming</p> <p><b>9</b></p> <p>Room Visits 8:00 a.m.</p> 	<p>8:00 News Watch 9:00 Reality Orientation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 10:30 Group Conversation with Dr. Linda Yerzley 11:30 Sr. Fitness 1:30 Bingo Social 2:30 Tea Time &amp; Conversation 2:45 Arts &amp; Crafts</p> <p><b>10</b></p> <p>Room Visits 8:00 a.m.</p> 	<p><b>~Mother's Day~</b> Plus <b>Candlelight Dinner Entertainment</b></p> <p>8:00 News Watch 9:00 Sensory Stimulation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 11:00 Communion Service from St. Dominic's w/ Praise Songs 11:30 Ring Toss and Ball Games 1:30 Movie w/ Popcorn/Scrabble Game 5:00 <b>Candlelight Dinner</b></p> <p><b>11</b></p> <p>Room Visits 8:00 a.m.</p> 	<p>9:00 Relaxing Music 9:30 Morning Social w/ refreshments 11:00 Senior Fitness 11:30 Flash Cards/Reality Orientation 1:30 Bingo Social 2:30 Tea Time &amp; Conversation 3:00 Residents Family Hour</p> <p><b>12</b></p> <p>Room Visits 8:00 a.m.</p> 
<p><b>~Mother's Day~</b> <b>Celebration with Flowers</b></p> <p>9:00 Church Service w/Praise songs 10:00 Morning Social w/ refreshments 10:30 Senior Fitness 11:00 <b>Giving Flowers</b> 11:30 History Channel 1:30 Bingo Social 2:30 Tea Time &amp; Conversation 3:00 Residents Family Hour</p> <p><b>13</b></p> <p>Room Visits 8:00 a.m.</p> 	<p>8:00 News Watch 9:00 Relaxing Music 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 News/Senior Fitness/Wii Games 1:30 Bingo Social 2:30 Ice Cream Social</p> <p><b>14</b></p> <p>Room Visits 8:00 a.m.</p> 	<p><b>Holy Family Church Service</b></p> <p>8:00 News Watch 9:00 Identify the Object 9:30 Morning Social w/refreshments 10:00 The Price is Right 10:30 Church Service w/Praise Songs 11:00 News/Senior Fitness/Sing &amp; Dance 1:30 Movie w/ Popcorn Scrabble Game</p> <p><b>15</b></p> <p>Room Visits 8:00 a.m.</p> 	<p>8:00 News Watch 9:00 Flash Cards/Numbers and Alphabet 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 News/Adult Education - Hx Channel 1:30 Bingo Social 2:30 Tea Time &amp; Conversation 2:45 Manicure &amp; Grooming</p> <p><b>16</b></p> <p>Room Visits 8:00 a.m.</p> 	<p>8:00 News Watch 9:00 Reality Orientation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 10:30 Group Conversation with Dr. Linda Yerzley 11:30 Sr. Fitness 1:30 Bingo Social 2:30 Tea Time &amp; Conversation 2:45 Arts &amp; Crafts</p> <p><b>17</b></p> <p>Room Visits 8:00 a.m.</p> 	<p><b>TRIP TO THE MALL</b></p> <p>8:00 News Watch 9:00 Sensory Stimulation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 10:30 <b>Trip to the Mall</b> 11:00 Communion Service from St. Dominic's w/ Praise Songs 11:30 Ring Toss and Ball Games 1:30 Movie w/ Popcorn/Scrabble Game</p> <p><b>18</b></p> <p>Room Visits 8:00 a.m.</p> 	<p>9:00 Relaxing Music 9:30 Morning Social w/ refreshments 11:00 Senior Fitness 11:30 Flash Cards/Reality Orientation 1:30 Bingo Social 2:30 Tea Time &amp; Conversation 3:00 Residents Family Hour</p> <p><b>19</b></p> <p>Room Visits 8:00 a.m.</p> 
<p>9:00 Church Service w/Praise Songs 10:00 Morning Social w/ refreshments 10:30 Senior Fitness 11:00 Sensory Stimulation 11:30 History Channel 1:30 Bingo Social 2:30 Tea Time &amp; Conversation 3:00 Residents Family Hour</p> <p><b>20</b></p> <p>Room Visits 8:00 a.m.</p>	<p>8:00 News Watch 9:00 Relaxing Music 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 News/Senior Fitness/Wii Games 1:30 Bingo Social 2:30 Ice Cream Social</p> <p><b>21</b></p> <p>Room Visits 8:00 a.m.</p> 	<p><b>NATIONAL MARITIME DAY</b></p> <p>8:00 News Watch 9:00 Identify the Object 9:30 Morning Social w/refreshments 10:00 The Price is Right 10:30 Comm. Service w/Praise Songs 11:00 News/Senior Fitness/Sing &amp; Dance 1:30 Movie w/ Popcorn Scrabble Game</p> <p><b>22</b></p> <p>Room Visits 8:00 a.m.</p>	<p>8:00 News Watch 9:00 Flash Cards/Numbers and Alphabet 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 News/Adult Education - Hx Channel 1:30 Bingo Social 2:30 Tea Time &amp; Conversation 2:45 Manicure &amp; Grooming</p> <p><b>23</b></p> <p>Room Visits 8:00 a.m.</p> 	<p>8:00 News Watch 9:00 Reality Orientation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 10:30 Group Conversation with Dr. Linda Yerzley 11:30 Sr. Fitness 1:30 Bingo Social 2:30 Tea Time &amp; Conversation 2:45 Arts &amp; Crafts</p> <p><b>24</b></p> <p>Room Visits 8:00 a.m.</p> 	<p>8:00 News Watch 9:00 Sensory Stimulation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 11:00 Communion Service from St. Dominic's w/ Praise Songs 11:30 Ring Toss and Ball Games 1:30 Movie w/ Popcorn/Scrabble Game</p> <p><b>25</b></p> <p>Room Visits 8:00 a.m.</p> 	<p>9:00 Relaxing Music 9:30 Morning Social w/ refreshments 11:00 Senior Fitness 11:30 Flash Cards/Reality Orientation 1:30 Bingo Social 2:30 Tea Time &amp; Conversation 3:00 Residents Family Hour</p> <p><b>26</b></p> <p>Room Visits 8:00 a.m.</p> 
<p>9:00 Church Service w/Praise Songs 10:00 Morning Social w/ refreshments 10:30 Senior Fitness 11:00 Sensory Stimulation 11:30 History Channel 1:30 Bingo Social 2:30 Tea Time &amp; Conversation 3:00 Residents Family Hour</p> <p><b>27</b></p> <p>Room Visits 8:00 a.m.</p> 	<p><b>~Memorial Day~</b> <b>with Bar-B-Q</b></p> <p>8:00 News Watch 9:00 Relaxing Music 9:30 Morning Social w/ refreshments 10:00 The Price is Right 10:30 <b>Bar-B-Q Time</b> 11:00 News/Senior Fitness/Wii Games 1:30 Bingo Social 2:30 Ice Cream Social</p> <p><b>28</b></p> <p>Room Visits 8:00 a.m.</p> 	<p>8:00 News Watch 9:00 Identify the Object 9:30 Morning Social w/refreshments 10:00 The Price is Right 10:30 Comm. Service w/Praise Songs 11:00 News/Senior Fitness/Sing &amp; Dance 1:30 Movie w/ Popcorn Scrabble Game</p> <p><b>29</b></p> <p>Room Visits 8:00 a.m.</p>	<p><b>RESIDENTS' BIRTHDAY PARTY</b> <b>with ENTERTAINMENT</b></p> <p>8:00 News Watch 9:00 Flash Cards/Numbers and Alphabet 9:30 Morning Social w/ refreshments 10:30 <b>Party Time</b> 1:30 Bingo Social 2:30 Tea Time &amp; Conversation 2:45 Manicure &amp; Grooming</p> <p><b>30</b></p> <p>Room Visits 8:00 a.m.</p> 	<p>8:00 News Watch 9:00 Reality Orientation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 10:30 Group Conversation with Dr. Linda Yerzley 11:30 Sr. Fitness 1:30 Bingo Social 2:30 Tea Time &amp; Conversation 2:45 Arts &amp; Crafts</p> <p><b>31</b></p> <p>Room Visits 8:00 a.m.</p> 	<p><b>HAPPY MAY BIRTHDAYS!</b></p>	<p><b>Birthstone: EMERALD</b></p> <p><b>Flower: LILY</b></p> 



**May 5th** is a national holiday for Mexico, second only to September 16, Independence Day. It was on this day in 1862, that a small group of poorly trained Mexican peasants, under the command of General Ignacio Zaragoza, bravely and fiercely fought for their freedom against a regiment of 6,000 French soldiers under the command of Napoleon III.

## NURSING WEEK

*A NURSE can soothe with gentleness.  
That takes the pain away:  
You're like an ANGEL spreading  
hope to those YOU help each day.*

*The Joy and Sunshine you bring to  
our residents make life brighter, not  
only for them, but for everyone you  
work with.*



### Mother's Day began...

- In 1858, when Anna Jarvis, a young Appalachian homemaker, organized "Mother's Work Days" to improve the sanitation and avert deaths from disease-bearing insects and seepage of polluted water.
  - In 1872, when Boston poet, pacifist and women's suffragist Julia Ward Howe established a special day for mothers – and for peace – not long after the bloody Franco-Prussian War.
  - In 1905, when Anna Jarvis died, her daughter, also named Anna, decided to memorialize her mother's lifelong activism, and began a campaign that culminated in 1914 when Congress passed a Mother's Day resolution.
- Each of these women and all of these events have contributed to the present occasion now celebrated on the second Sunday in May. Mother's Day is in honor of the Best Mother who ever lived – the mother of your heart.

## MEMORIAL DAY

**Memorial Day, or Decoration Day,** a U.S. holiday honoring the dead of all wars, observed on the last Monday in May. Memorial Day originated in the south after the Civil War when the graves of both confederate and union soldiers were decorated.



# MAY 2012



## MAY ACTIVITIES AT A GLANCE

Mondays, Tuesdays, Wednesdays and Fridays at 10:00 AM to 11:00 AM, join us in watching "The Price is Right"!

- **RESIDENT'S COUNCIL MEETING** – Will be held on Thursday, May 3<sup>rd</sup> at 2:00 p.m. in the Activity Room. Know your rights, make your concerns, problems and suggestions known and win the raffle.
- **CHURCH SERVICE** - Held every Sunday in the Activity Room and starts at 9:00 a.m.
- **SENIOR FITNESS** - Come on everybody! Let's exercise every Sunday, Monday, Tuesday, Friday & Saturday at 11:30 a.m. in the Activity Room.
- **BINGO SOCIAL** - Come on all Bingo lovers! Let's have fun and play bingo every Sunday, Monday, Wednesday, Thursday, and Saturday at 1:30 p.m. in the Activity Room.
- **HOLY FAMILY CHURCH SERVICE** There will be church service every 3<sup>rd</sup> Tuesday of the month. This month will be on May 15<sup>th</sup>, 2012.
- **RESIDENT'S BIRTHDAY PARTY** - It's party time! We're throwing a party plus entertainment for all our birthday celebrants this month and it will be on May 30<sup>th</sup> at 10:30 a.m. in the Activity Room.
- **MOVIE WITH POPCORN** - Every Friday at 1:30 p.m. in the Activity Room, we'll be showing a movie with popcorn and juice.
- **ADULT EDUCATION** - The activity staff will feature shows which include History, Biography of famous people, National Geographic and Concert of famous celebrities. Everybody is welcome to attend.
- **Wii GAMES** - Hello Everyone! Come, play and enjoy your favorite sports with Wii Games like tennis, bowling, boxing and more in the Activity Room every Monday.
- **ICE CREAM SOCIAL** - Every Monday at 2:30 p.m. after Bingo Social, we will serve ice cream.
- **GROUP CONVERSATION** - Every Thursday in the Activity Room, there is a Group Conversation at 10:30 a.m. headed by Dr. Linda Yertzley a Clinical Psychologist that process feelings and emotions. Everybody is welcome to attend.
- **COOK N' EAT** - Everyone is invited and help us cook your favorite dish in the Activity Room on May 9<sup>th</sup> and will start at 10:00 a.m.
- **TRIP TO THE MALL** - All shopping lovers! We'll be taking a trip to the mall on May 18<sup>th</sup>, so if you are interested, please ask Maribel or Sona from the activity staff to register.
- **MEMORIAL DAY** - We're going to have barbeque to celebrate this great day on May 28<sup>th</sup> at 11:00 a.m. at the dining room.
- **MOTHER'S DAY CANDLELIGHT DINNER**- On Friday, May 11<sup>th</sup> we will have Candlelight Dinner to celebrate the day of our loving mother with entertainer. On Sunday, May 13<sup>th</sup> will give flowers to Mother's.