

ACTIVITIES NOVEMBER 2011

Activity Director: Maria Isabel Zarzuela • Activity Assistant: Sona Paltadzhayyan

• NOTE •
All Activities are subject to change.
Changes will be posted.
All Activities are held in the Activity Room.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>BIRTH STONE  <i>Topaz</i> FLOWER  <i>Chrysanthemum</i></p>	<p>Happy Birthday Novembers!</p>	<p>8:00 News Watch 9:00 Identify the Object 9:30 Morning Social w/refreshments 10:00 The Price is Right 10:30 Communion Service w/Praise Songs 11:00 Senior Fitness/Sing & Dance 1:30 Group Conversation with Dr. Linda Yertzley 2:30 Snack Time 3:00 Skrib-age Room Visits 8:00 a.m.</p> <p>1</p> 	<p>8:00 News Watch 9:00 Flash Cards/ Numbers and Alphabet 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 Adult Education 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Manicure & Grooming Room Visits 8:00 a.m.</p> <p>2</p> 	<p>RESIDENT'S COUNCIL MEETING 3</p> <p>8:00 News Watch 9:00 Reality Orientation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 11:00 Senior Fitness/Wii Games 2:00 Resident's Council Meeting with refreshments</p>  <p>Room Visits 8:00 a.m.</p>	<p>8:00 News Watch 9:00 Sensory Stimulation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 11:00 Communion Service from St. Dominic's w/ Praise Songs 11:30 Ring Toss and Ball Games 1:20 Movie w/ Popcorn/ Scrabble Game Room Visits 8:00 a.m.</p> <p>4</p> 	<p>9:00 Relaxing Music 9:30 Morning Social w/ refreshments 11:00 Senior Fitness 11:30 Flash Cards/Reality Orientation 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Residents Family Hour Room Visits 8:00 a.m.</p> <p>5</p> 
<p>DAYLIGHT SAVINGS TIME (SET CLOCK BACK 1 HR.)</p> <p>9:00 Church Service w/ Praise Songs 10:00 Morning Social w/ refreshments 10:30 Senior fitness 11:00 Sensory Stimulation 11:30 History Channel 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Residents Family Hour Room Visits 8:00 a.m.</p> <p>6</p> 	<p>8:00 News Watch 9:00 Relaxing Music 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 Senior Fitness/Wii Games 1:30 Bingo Social 2:30 Ice Cream Social 3:00 Arts and Crafts Room Visits 8:00 a.m.</p> <p>7</p> 	<p>ELECTION DAY</p> <p>8:00 News Watch 9:00 Identify the Object 9:30 Morning Social w/refreshments 10:00 The Price is Right 10:30 Communion Service w/Praise Songs 11:00 Senior Fitness/Sing & Dance 1:30 Group Conversation with Dr. Linda Yertzley 2:30 Snack Time 3:00 Skrib-age Room Visits 8:00 a.m.</p> <p>8</p> 	<p>8:00 News Watch 9:00 Flash Cards/ Numbers and Alphabet 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 Adult Education 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Manicure & Grooming Room Visits 8:00 a.m.</p> <p>9</p> 	<p>8:00 News Watch 9:00 Reality Orientation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 11:00 Senior Fitness/Wii Games 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Skrib-age Room Visits 8:00 a.m.</p> <p>10</p> 	<p>VETERAN'S DAY BBQ 11</p> <p>8:00 News Watch 9:00 Sensory Stimulation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 11:00 BBQ 11:30 Ring Toss and Ball Games 1:20 Movie w/ Popcorn/ Scrabble Room Visits 8:00 a.m.</p> 	<p>9:00 Relaxing Music 9:30 Morning Social w/ refreshments 11:00 Senior Fitness 11:30 Flash Cards/Reality Orientation 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Residents Family Hour Room Visits 8:00 a.m.</p> <p>12</p> 
<p>9:00 Church Service w/Praise songs 10:00 Morning Social w/ refreshments 10:30 Senior Fitness 11:00 Sensory Stimulation 11:30 History Channel 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Residents Family Hour Room Visits 8:00 a.m.</p> <p>13</p> 	<p>8:00 News Watch 9:00 Relaxing Music 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 Senior Fitness/Wii Games 1:30 Bingo Social 2:30 Ice Cream Social 3:00 Arts and Crafts Room Visits 8:00 a.m.</p> <p>14</p> 	<p>HOLY FAMILY CHURCH SERVICE 15</p> <p>8:00 News Watch 9:00 Identify the Object 9:30 Morning Social w/refreshments 10:00 The Price is Right 10:30 Church Service w/Praise Songs 11:00 Senior Fitness/Sing & Dance 1:30 Group Conversation with Dr. Linda Yertzley 2:30 Snack Time 3:00 Skrib-age Room Visits 8:00 a.m.</p> 	<p>COOK & EAT 16</p> <p>8:00 News Watch 9:00 Flash Cards/ Numbers and Alphabet 9:30 Morning Social w/ refreshments 10:00 The Price is Right 10:30 COOKING TIME 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Manicure & Grooming Room Visits 8:00 a.m.</p> 	<p>8:00 News Watch 9:00 Reality Orientation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 11:00 Senior Fitness/Wii Games 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Skrib-age Room Visits 8:00 a.m.</p> <p>17</p> 	<p>8:00 News Watch 9:00 Sensory Stimulation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 11:00 Communion Service from St. Dominic's w/ Praise Songs 11:30 Ring Toss and Ball Games 1:20 Movie w/ Popcorn/ Scrabble Room Visits 8:00 a.m.</p> <p>18</p> 	<p>9:00 Relaxing Music 9:30 Morning Social w/ refreshments 11:00 Senior Fitness 11:30 Flash Cards/Reality Orientation 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Residents Family Hour Room Visits 8:00 a.m.</p> <p>19</p> 
<p>9:00 Church Service w/Praise Songs 10:00 Morning Social w/ refreshments 10:30 Senior Fitness 11:00 Sensory Stimulation 11:30 History Channel 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Residents Family Hour Room Visits 8:00 a.m.</p> <p>20</p> 	<p>8:00 News Watch 9:00 Relaxing Music 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 Senior Fitness/Wii Games 1:30 Bingo Social 2:30 Ice Cream Social 3:00 Arts and Crafts Room Visits 8:00 a.m.</p> <p>21</p> 	<p>8:00 News Watch 9:00 Identify the Object 9:30 Morning Social w/refreshments 10:00 The Price is Right 10:30 Communion Service w/Praise Songs 11:00 Senior Fitness/Sing & Dance 1:30 Group Conversation with Dr. Linda Yertzley 2:30 Snack Time 3:00 Skrib-age Room Visits 8:00 a.m.</p> <p>22</p> 	<p><i>Thanksgiving Candlelight Dinner</i> 23</p> <p>8:00 News Watch 9:00 Flash Cards/ Numbers and Alphabet 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 Adult Education 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Manicure & Grooming 5:00 Candlelight Dinner with entertainment Room Visits 8:00 a.m.</p> 	<p><i>Thanksgiving Day</i> 24</p> <p>8:00 News Watch 9:00 Reality Orientation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 11:00 Senior Fitness/Wii Games 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Skrib-age Room Visits 8:00 a.m.</p> 	<p>8:00 News Watch 9:00 Sensory Stimulation 9:30 Morning Social w/ Refreshments 10:00 The Price is Right 11:00 Communion Service from St. Dominic's w/ Praise Songs 11:30 Ring Toss and Ball Games 1:20 Movie w/ Popcorn/ Scrabble Room Visits 8:00 a.m.</p> <p>25</p> 	<p>9:00 Relaxing Music 9:30 Morning Social w/ refreshments 11:00 Senior Fitness 11:30 Flash Cards/Reality Orientation 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Residents Family Hour Room Visits 8:00 a.m.</p> <p>26</p> 
<p>9:00 Church Service w/Praise Songs 10:00 Morning Social w/ refreshments 10:30 Senior Fitness 11:00 Sensory Stimulation 11:30 History Channel 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Residents Family Hour Room Visits 8:00 a.m.</p> <p>27</p> 	<p>RESIDENTS' BIRTHDAY PARTY with ENTERTAINMENT 28</p> <p>8:00 News Watch 9:00 Relaxing Music 9:30 Morning Social w/ refreshments 10:00 The Price is Right 10:30 Party Time w/Entertainer 1:30 Bingo Social 2:30 Ice Cream Social 3:00 Arts and Crafts</p> 	<p>8:00 News Watch 9:00 Identify the Object 9:30 Morning Social w/refreshments 10:00 The Price is Right 10:30 Communion Service w/Praise Songs 11:00 Senior Fitness/Sing & Dance 1:20 Arts and Crafts 1:30 Group Conversation with Dr. Linda Yertzley 2:30 Snack Time 3:00 Skrib-age Room Visits 8:00 a.m.</p> <p>29</p> 	<p>8:00 News Watch 9:00 Flash Cards/ Numbers and Alphabet 9:30 Morning Social w/ refreshments 10:00 The Price is Right 11:00 Adult Education 1:30 Bingo Social 2:30 Tea Time & Conversation 3:00 Manicure & Grooming Room Visits 8:00 a.m.</p> <p>30</p> 	<p>Check out the 2011 Survey Results! Posted by the Public Phone outside front office.</p> <p>.....</p> <p>Attend Residents' Council Meetings. Know Your Rights & Win the Raffle</p> 		

Thanksgiving, or **Thanksgiving Day**, is a traditional North American holiday to give thanks to the Judeo-Christian God at the conclusion of the harvest season. Canada celebrates Thanksgiving on the second Monday in October, and the United States celebrates the holiday on the fourth Thursday of November.

TRADITIONAL CELEBRATION

In the United States Thanksgiving is a four-day weekend which usually marks a pause in school and college calendars. Thanksgiving meals are traditionally family events where certain kinds of food are served. First and foremost, turkey is the featured item in most Thanksgiving feasts (so much so that Thanksgiving is sometimes called “Turkey Day”). Stuffing, mashed potatoes with gravy, sweet potatoes, cranberry sauce, corn, turnips, yams and pumpkin pie are commonly associated with Thanksgiving dinner.



THE PILGRIMS

The early settlers of Plymouth Colony in Massachusetts were particularly grateful to Squanto, the Native American who taught them how to catch eel, grow corn and who served as their native interpreter (as Squanto had converted to Christianity and learned English as a slave in Europe).



Without Squanto’s assistance, the settlers might not have survived in the New World.

The Plymouth settlers (who came to be called “Pilgrims”) set apart a holiday immediately after their first harvest in 1621. They held an autumn celebration of food, feasting, and praising God. The Governor of Plymouth invited Grand Sachem Massasoit and the Wampanoag people to join them in the feast. Evidence to support that claim came from diaries of citizens of Plymouth. The settlers fed and entertained the Indians for three days, at which point some of these natives went into the forest, and killed 5 deer, and gave it to the Governor as a gift.

THE NATIONAL THANKSGIVING PROCLAMATIONS

The first official Thanksgiving Proclamation made by the American colonies who rebelled against the Crown of England was issued by the Continental Congress in 1777. Six national Proclamations of Thanksgiving

were issued in the first thirty years after the founding of the United States of America as an independent federation of States. President George Washington issued two, President John Adams issued two, President Thomas Jefferson made none and President James Madison issued two. In 1789 Washington designated a national thanksgiving holiday for the newly ratified Constitution, specifically so that that the people may thank God for “affording them an opportunity peaceably to establish a form of government for their safety and happiness” and for having “been enabled to establish constitutions of government for our safety and happiness, and particularly the national One now lately instituted, for the civil and religious liberty with which we are blessed...”

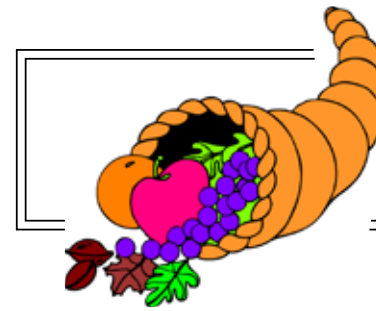
After 1815 there were no more Thanksgiving Proclamations until the Presidency of Lincoln, who made two during the Civil War. He declared Thanksgiving a Federal holiday as a “prayerful day of Thanksgiving” on the last Thursday in November. Since then every U.S. President has always made an official Thanksgiving Proclamation on behalf of the nation. President Franklin D. Roosevelt set the date for Thanksgiving to the fourth Thursday of November in 1939 (approved by Congress in 1941).



Veterans Day is an American holiday honoring military veterans. Both a federal holiday and a state holiday in all states, it is celebrated on the same day as Armistice Day or Remembrance Day in other parts of the world, falling on November 11, the anniversary of the signing of the Armistice that ended World War I. (Major hostilities of World War I were formally ended at the 11th hour of the 11th day of the 11th month of 1918 with the German signing of the Armistice.)

Veterans Day is largely intended to thank living veterans for their service, to acknowledge that their contributions to [United States] national security are appreciated, and to underscore the fact that all those who served - not only those who died - have sacrificed and done their duty.[1]

The holiday is commonly misprinted as Veteran’s Day or Veterans’ Day in calendars and advertisements.



NOVEMBER 2011

NOVEMBER ACTIVITIES AT A GLANCE

Monday through Friday at 10:00 AM to 11:00 AM, Join us in Watching “The Price is Right”!

- **RESIDENT’S COUNCIL MEETING** – Will be held on Thursday, November 3rd at 2:00 p.m. in the Activity Room. Know your rights, make your concerns, problems and suggestions known and win the raffle.
- **COOK N’ EAT** - Have a chance to cook with us and prepare your favorite dish on November 16th at 10:30 a.m. in the Activity Room.
- **CHURCH SERVICE** - Held every Sunday in the Activity Room and starts at 9:00 a.m. Please come on time.
- **SENIOR FITNESS** - Come on everybody! Let’s exercise every Monday, Tuesday, Thursday, Saturday and Sunday at 11:00 a.m. in the Activity Room.
- **BINGO SOCIAL** - Come on all Bingo lovers! Let’s play bingo every Sunday, Monday, Wednesday, Thursday, and Saturday at 1:30 p.m. in the Activity Room.
- **HOLY FAMILY CHURCH SERVICE** There will be church service every 3rd Tuesday of the month. This month will be on November 15th, 2011.
- **RESIDENT’S BIRTHDAY PARTY** - It’s party time! We’re throwing a party plus entertainment for all our Birthday Celebrants this month and it will be on November 28th at 10:30 a.m. in the Activity Room.
- **MOVIE WITH POPCORN** - Every Friday at 1:20 p.m. in the Activity Room, we’ll be showing a movie with popcorn and juice.
- **ADULT EDUCATION** - The activity staff will feature shows which include History, Biography of famous people, National Geographic and Concert of famous celebrities. Everybody is welcome to attend.
- **Wii GAMES** - Hello Everyone! Come, play and enjoy your favorite sports with Wii Games like tennis, bowling, boxing and more in the Activity Room every Monday and Thursday at 11:00 a.m.
- **ICE CREAM SOCIAL** - Every Monday at 2:30 p.m. after Bingo Social, we will serve ice cream.
- **GROUP CONVERSATION** - Every Tuesday in the activity room, there is a Group Conversation at 1:30 p.m. headed by Dr. Linda Yertzley a Clinical Psychologist that processing feelings and emotions. Everybody is welcome to attend.
- **THANKSGIVING CANDLELIGHT DINNER** - On Wednesday, November 23rd at 5:00 p.m. we will celebrate Thanksgiving with Candlelight Dinner in the dining room and we will have an entertainer. Please join us and have a good time. On Thursday, November 25th, Thanksgiving Day, kitchen will serve turkey for lunch.
- **VETERAN’S DAY** - On Friday, November 11th we’re going to have bar-b-q day at the Patio for the celebration of Veteran’s Day and we will serve hotdogs, hamburgers, chips with dip at 11:00 a.m. in the dining room. Please join us.



BBQ

