

WEEKLY MENU GUIDE

Week 1

CYCLE B - SUMMER

6/12, 7/10, 8/7, 9/4

6/13, 7/11, 8/8, 9/5

6/14, 7/12, 8/9, 9/6

6/15, 7/13, 8/10, 9/7

6/16, 7/14, 8/11, 9/8

6/17, 7/15, 8/12, 9/9

6/18, 7/16, 8/13, 9/10

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Orange Juice Malt-O-Meal Pancakes Syrup/Margarine Scrambled Eggs Beverage	Pineapple Juice Oatmeal Hard Boiled Egg Hash Browned Potatoes Cinnamon Toast Beverage	Blended Juice Cream of Rice French Toast Syrup/Margarine Bacon Beverage	Apple Juice Farina Farmer's Breakfast Toast/Margarine Beverage	Grape Juice Oatmeal Pancakes Syrup/Margarine Sausage Links Beverage	Orange Juice Cream of Rice Scrambled Eggs with Cheese Cinnamon Roll Beverage	Banana Malt-O-Meal French Toast Syrup/Margarine Orange Slice/Parsley Beverage
Lime Perfection Salad Roast Turkey/Gravy Cranberry Sauce Mashed Potatoes/Gravy Skillet Green Beans Dinner Roll/Marg Pie Beverage	Lettuce/Tomato Cheeseburger with Condiments Baked Beans Snickerdoodle Cookies Lemonade	Red Onion Cucumber Sld Herb Roasted Chicken Corn O'Brien Spinach/Vinegar Bread/Margarine Strawberry Dessert Beverage	Tossed Green Sld/Dreg Spaghetti w/ Meat Sauce Parmesan Cheese Herbed Fresh Zucchini Garlic Bread Ice Cream	Chpd Lettuce/Tomato Soft Tacos Spanish Rice Spanish Green Beans Sour Cream/Salsa Fruit Delight Beverage	Creamy Coleslaw Batter Dipped Fish Tartar Sauce/Lemon Oven Fried Potatoes Spinach/Vinegar Bread/Margarine Peanut Butter Cookie Beverage	Meatloaf/Gravy Potato Wedges Harvard Beets Bread/Margarine *Coconut Custard Beverage
Fruit Salad Scalloped Potatoes and Ham Bu. Mixed Vegetables Bread/Margarine Iced Cake Beverage	Carrot & Raisin Sld Macaroni and Cheese Stewed Tomatoes Bread/Margarine Sherbet Beverage	Pepper Pot Soup Tuna Salad Sandwich Pea & Cheese Salad Brownie Beverage	Tomato Soup Crab Salad Melt on English Muffin Fruit Garnish Potato Salad Chocolate Pudding w/ Whipped Cream	Gami: Applesauce Pork Chop Dutchess Potatoes Buttered Broccoli Bread/Margarine Apple Kuchen Beverage	Lentil Soup Grilled Ham & Cheese Sandwich Baked Tomatoes Spiced Pear Compote Beverage	Turkey Tamale Pie Seasoned Mixed Vegie Bu. French Bread Whipped Cherry Jello Beverage

PLEASE NOTE: PATIENTS MAY HAVE WHOLE WHEAT OR WHITE BREAD. THERAPEUTIC DIETS ON FILE IN DIETARY DEPARTMENT. EIGHT OUNCES OF WHOLE MILK OFFERED WITH BREAKFAST, 4 OZ. AT LUNCH AND 4 OZ. AT DINNER. (CALORIE COUNTS VARY). COLD CEREAL IS AVAILABLE TO RESIDENTS UPON REQUEST.