

WEEKLY MENU GUIDE

Week 2

CYCLE B - SUMMER

6/19, 7/17, 8/14, 9/11

6/20, 7/18, 8/15, 9/12

6/21, 7/19, 8/16, 9/13

6/22, 7/20, 8/17, 9/14

6/23, 7/21, 8/18, 9/15

6/24, 7/22, 8/19, 9/16

6/25, 7/23, 8/20, 9/17

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pineapple Juice Oatmeal Maple Bacon Oven Pancake Sausage Links Beverage	Blended Juice Farina Scrambled Eggs Streusel Coffeecake Beverage	Cranberry Juice Malt-O-Meal Pancakes Syrup/Margarine Bacon Beverage	Grape Juice Farina Breakfast Frittata Toast/Margarine Orange Slice/Parsley Beverage	Apple Juice Cream of Rice French Toast Syrup/Margarine Orange Slice/Parsley Beverage	Orange Juice Oatmeal w/ Raisins Farmers' Breakfast Bran Muffin/Margarine Beverage	Grape Juice Cream of Rice Fried Egg Toast/Margarine Orange Slice/Parsley Beverage
Lemon-Lime Salad Glazed Ham Slice Candied Yams Peas with Red Pepper Dinner Roll/Margarine Peach Cobbler Beverage	Chopped Lettuce/Tomato Enchilada Casserole Salsa Mexican Corn Green Beans with Garlic Brownie Beverage	Chicken Adobo Steamed Rice Stir-Fried Vegetables, Fresh Roll/Margarine Fresh Fruit in Season Beverage	Frozen Fruit Salad Baked Ziti Zucchini Wedge Garlic Bread Banana Cream Pudding Beverage	Salisbury Steak/Gravy Baked Potato w/ Sour Cream/Chives Broccoli au Gratin Bread/Margarine Molded Raspberry Applesauce Dessert Beverage	Creamy Coleslaw Fish Sticks Tartar Sauce/Lemon Oven Fried Potatoes Spinach Delish Bread/Margarine Hot Fudge Pudding Cake Beverage	Bar-B-Q Chicken Corn 'O'Brien Pork 'n Beans Bread/Margarine Canned Peaches Beverage
Fruit Garnish Chicken Salad Sandwich Pasta Salad Cinnamon Scalloped Apples Beverage	Carrot and Raisin Salad Bar-B-Q Beef/Roll Tater Tots Finger Cookies Beverage	Lettuce/Tomato/Pickle Cheeseburger Condiments Baked Bean Delight Strawberry Jello Cake Beverage	Potato Salad/Lettuce Reuben Sandwich and Bean with Bacon Soup or Beef Stew Cornbread/Margarine Gingersnaps-2 Beverage	Cranberry Sauce Hot Turkey Sandwich Mashed Potatoes/Gravy Mixed Vegetables Apple Crisp Beverage	Tossed Green Sid/Drsg. Parmesan Cheese Spaghetti with Meat Sauce Zucchini Parmesan Garlic Bread Custard Beverage	Chicken Noodle Soup Cottage Cheese Fruit Plate Dinner Roll/Margarine Sherbet Beverage
Bread Exchange Juice Base	Bread Exchange Juice Base	Bread Exchange Juice Base	Bread Exchange Juice Base	Bread Exchange Juice Base	Bread Exchange Juice Base	Bread Exchange Juice Base

PLEASE NOTE: PATIENTS MAY HAVE WHOLE WHEAT OR WHITE BREAD. THERAPEUTIC DIETS ON FILE IN DIETARY DEPARTMENT. EIGHT OUNCES OF WHOLE MILK OFFERED WITH BREAKFAST, 4 OZ. AT LUNCH AND 4 OZ. AT DINNER. (CALORIE COUNTS VARY). COLD CEREAL IS AVAILABLE TO RESIDENTS UPON REQUEST.